

# Your Member ID card

You can choose a dental plan from one of our five provider partners. Your dental plan information is on the back of your Health Share Member ID card.

## When to call your dental plan

Call your dental plan with questions about benefits, or if you want help scheduling an appointment or finding a new dentist. The Customer Service number is listed below and on your Member ID card. You can also search dental providers on your dental plan's website.

**Advantage Dental**  
From DentaQuest

**Advantage Dental**  
Toll-free: 866-268-9631  
[advantagedental.com](http://advantagedental.com)

**KAISER PERMANENTE**

**Kaiser Permanente**  
Toll-free: 800-813-2000  
[kaiserpermanentedentalnw.org](http://kaiserpermanentedentalnw.org)

**Willamette**

**Willamette Dental Group**  
Toll-free: 855-433-6825  
[willamettedental.com](http://willamettedental.com)

You can get this letter in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 800-224-4840 or TTY 711. We accept relay calls. You can get help from a certified and qualified health care interpreter.

OHP-HSO-23-1687

HSO-22326408-EN--0123



**CareOregon Dental**

**CareOregon Dental**  
Toll-free: 888-440-9912  
[careoregondental.org](http://careoregondental.org)

**ODS**

**ODS**  
Toll-free: 800-342-0526  
[modahealth.com/ohp](http://modahealth.com/ohp)

**TTY: 711**  
(for all dental plans)

**health share**  
Health Share of Oregon

**CareOregon**

# Smile!

## You've got dental coverage



**health share**  
Health Share of Oregon

**CareOregon**

## Good health includes healthy teeth and gums

Taking care of your teeth and gums is an important way to take care of your overall health. That's why your Health Share of Oregon and Oregon Health Plan (OHP) benefits include dental coverage.

### Dental care for adults and children

Most of our dental benefits apply to members of all ages. Members who are age 0 to 20 years old, or pregnant, get *extra* benefits.

### Need help getting to a dental appointment?

As a Health Share member, you can get assistance with transportation to a dental appointment if you cannot get there on your own. Depending on your needs, you may get transit passes, be provided rides or get help paying for gas. Whatever the assistance, there's no cost to you.

This service is offered through a partner, Ride to Care.

**Details:** [RideToCare.com](https://www.rideincare.com) or call **855-321-4899**; TTY: 711

### Emergency or urgent dental care

If you need emergency or urgent dental care, it's covered. Always try to call your dentist or dental health plan before going to the emergency room, even if it's at night or on the weekend. A health care provider will help you decide what to do.

### Specialty dental care

At times, your dentist may decide you need specialty dental care. Usually it is covered only if you get a dentist's referral and pre-approval from your dental plan. Your dental plan can help you with this.

### Great dental health includes a yearly check-up

Even if you have no teeth, the dentist will:

- Look for signs of oral cancer
- Check your dentures' health, or discuss dentures

## Your dental benefits

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Exams, X-rays and cleanings

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Sealants  
(protective coating for molars; members 15 years old and under)

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Fluoride treatments

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Deep cleaning for gum disease

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Fillings

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Crowns (limited)

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Tooth removal

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Partial dentures, generally every five years

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Full dentures, generally every 10 years

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Root canals (limited)

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Braces for members 20 and under (very limited)

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**Note:** Some benefits have limits or need pre-approval from your dental plan. Questions? Ask your dentist. Or contact your dental plan. The phone number is on your Member ID card and the back of this brochure.

## Seeing your dentist once a year is a great way to take care of yourself

Dental check-ups and good at-home care (brushing and flossing) will help you avoid gum disease. Gum disease is the most common cause of tooth loss in adults. We care about your teeth and gums!

